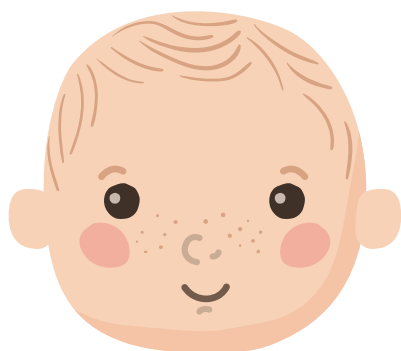
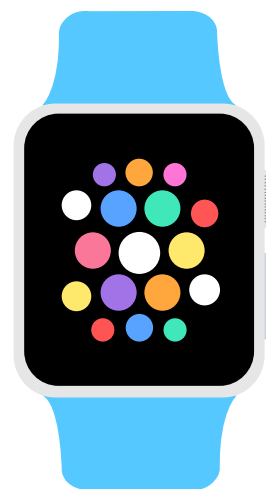


LINCOLN COUNTY LOCAL SERVICES & RESOURCES AVAILABLE

MAINTAIN A HEALTHY LIFESTYLE

coming soon again, **but VIRTUALLY**. A healthy living lifestyle class that will run online and meet weekly.



WIC (WOMEN, INFANT AND CHILDREN) SUPPLEMENTS

Supplemental foods, health-care referrals, and nutrition education. These services are available to **low income women** and **infants** found to be a nutritional risk. Pregnant and breastfeeding women, along with children ages 0-5 years qualify (refer to WIC for income assessment as **guidelines are adjusted yearly**).

VITAL RECORDS

Birth and death certificates available. Fees apply. Please call to set up an appointment.



VACCINATIONS & IMMUNIZATIONS

call to schedule an appointment or learn more about what vaccinations you might be due for

OTHER SERVICES

Flu Shot Clinics (seasonal)
Free Pregnancy Education/Testing
Emergency Preparedness
Reach Out & Read
Health Education for all ages
Community Tobacco Programs
Baby and Me Tobacco Free Program

& REFFERALS

Nurse Family Partnership
Baby Bear Hugs
Family Planning
Department of Human Services
Local Food Banks
Medical and Mental Health Resources
RISE Program for at risk youth and their families—supportive team approach